

Abstract of the Disclosure

A dieting device inhibits oral ingestion of food. At least one pair of frames is secured to the maxillary and mandibular dentitions respectively of a wearer. Opposing frames are magnetically pulled toward one another or repelled from one another to inhibit, but not prevent, ingestion or mastication, respectively. The frames cover the upper left and right and lower left and right dental quadrants respectively. The frames fit snugly over the teeth included in the quadrants. The frames include a cover which that overlies the teeth biting surfaces and a side wall on one side which overlies the exposed areas of the teeth above the gums. On the alternate side of the frames are mounted inter-dentally extensible and retractable screws for clamping the frames to the teeth.